



Valuing, respecting and utilising people's
mental health experiences

Ka wāriu ka whakaute a ka whakapau e
ngā wheako mate a hinengaro o ngā tangata

ANNUAL REPORT 2022-2023



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2022-2023 OVERALL REVIEW

We helped over

400

people through our mental health
peer support services

We delivered over

1,537

meaningful peer support
interactions to people
experiencing mental health
distress

We delivered

68

youth social group catchups

Volunteers contributed

820 hours

delivering mental health peer
support





WHO WE ARE

Kites Trust is a peer-led mental health organization which values, respects, and utilizes people's experiences of mental health distress and/or addiction.

OUR PURPOSE

Kites Trust works to ensure that people who experience mental health crisis and/or addiction have equal opportunities to live, work and participate in the community.

Kites promotes consumer leadership as key to achieving social inclusion, equal citizenship rights and improved mental health services for people who experience mental health distress and/or addiction.

OUR VISION

People who experience mental health distress and/or addiction have equal opportunities to work, live and participate in the community. Mental health services include peer & consumer-led options and are informed by lived experience.

“Nothing about me, without me”.

OUR VALUES

Integrity	Following our ethical principles Whaia tō mātou whanonga pono tika
Creativity	Developing new ideas and applying innovative approaches Te whakatipuranga i ngā kaupapa hōu me te whakamahia i ngā ara auaha hoki
Collaboration	Being cooperative and working well with others Whakaaro ngātahi tetahi ki tetahi
Social Justice	Acting with respect, fairness and equality Me mahinga tatou kit e whakaute tika me te ōritetanga i ngā mea katou
Openness	Being honest, respectful and courageous Te pononga, te whakaute me te mā



OUR SERVICES & PROJECTS

BUDDIES PEER SUPPORT

Buddies Peer Support volunteers extend peer support and walk alongside people experiencing mental health distress and/or addiction in the in-patient units at **Te Whare o Matairangi (Wellington Hospital)** and **Te Whare Ahuru (Hutt Valley hospital)**. This year, Buddies has also started delivering volunteer-based peer support at **Kenepuru Community Hospital (Porirua)**.

BUDDIES PEER SUPPORT MENTORS

Buddies Peer Support Mentors are paid positions supporting and mentoring Buddies Peer Support volunteers in their roles. The programme serves as a pathway to employment and upskilling for experienced peer support volunteers at Kites.

YOUTH PEER / THE PEER TREE SOCIAL GROUPS

Youth Peer (previously known as the Peer Tree) is a community of young adults in Wellington that are helping one another to navigate their mental wellbeing through peer support. This is offered through social support groups and skill-building workshops.

TOI PŌNEKE ARTS GROUP

Youth Peer holds art group sessions for youth to support one another with their mental wellbeing.



KEY RELATIONSHIPS

Te Whatu Ora

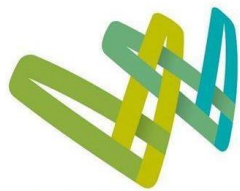
Health New Zealand

Capital, Coast and Hutt Valley



Te-Upoko-me-Te-Karu-o-Te-Ika

Mental Health, Addictions and
Intellectual Disability Service



Whitireia
NEW ZEALAND



WelTec

workwise

employment agency



ZEAL

youthline **te ara taiohi**
whakatapua kia ora ai



He mana tō te mātau ā-wheako
Our lived experience is our strength

OUR BOARD OF TRUSTEES



Peter Barnett
Chair



Dennis Duerr



Georgia Westfall



Emma Pitt



Jonathan Beezer



Kyle Holland



Rob O'Brien



Susan Prothero



OUR STAFF

Charlie Miller, Peer Support Coordinator

Paul Ellis, Peer Support Coordinator

Georgia Collings, Youth Peer Coordinator

Madeline Cook, Service Manager

Madeleine Clarke, Peer Support Coordinator

Marie-Pascale Desjardins, Project Lead

Saskia Ymker, General Manager

Meg Lyster, Youth Peer Administrator

Georgia Trigg, Peer Support Coordinator

We would like to acknowledge Alan Jones, our Operations Manager, who moved on from Kites in the 2022-2023 year. Thank you for your leadership and contributions to Kites Trust.

ACKNOWLEDGING OUR VOLUNTEERS

Aaron Carter	Charlotte Meyer	Jordan Bronte
Aaron Coffey	Chris Nayloy	Joseph Garrett
Aaron Lowe	Craig Thain	Joseph Williams-Peters
Adelaide Aydon	Curtis Fisher	Josh Chambers
Albert Steenekamp	Daniel Kalderimis	Katrina Lloyd
Amaya Cross-Ayllon	Diana Pilott	Kekona Dios Rosario
Amelia Birch	Dominic Coe	Kelsey Leman
Amelia Telford	Emily Williams	Khalia Hammington
Anthony Foley	Emma Pitt	Kiera Jones
Aria Hart	Genilyn Magpantay	Marion Fournier
Ben Old	Georgia Trigg	Meg Lyster
Ben Pomare	Georgia Westfall	Min Iles
Blessie Hernandez	Grace Cam	Natalie Germann
Bree McFarlane	Grey Woods	Nicky Campbell
Brendon Jury	Hayden Te Kere	Nicole Topp-Annan
Bryony Roberts	Nina Leppien	Pi'I Tualetonu
Caitlin McBride	Henry Chafee	Romeo Leaupepe
Caleb Hickland	Isabella Leiros-Anderson	Roselis Landaeta
Camila Benitez	Jack Cronin	Sebastian Jehle
Carmela Esperellarga	Jaime Tarayen	Shane de Freitas
Carol Hall	Jessica Stark	Sienna Gray

Simon Fuller

Talia Merrin

Viola Trnski

Sonia Chen

Tey Zi Ye

Vivienne Schlup

Sophie Standfield

Tobias Kenny

Warren Olsen

Sophie Vincent

Victor Wang

Zara Koorey

Tae Hashimoto

Vineet Kaur

Thank You

Our heartfelt thanks to all our volunteers for their mahi and for gifting their time extending compassion & support and shaping this community of belonging.



REFLECTING ON THE PAST YEAR



CHAIRPERSON'S REFLECTIONS

The 2022-2023 year has been one of challenges, change, opportunities and success. Internally, there have been staff changes. We have said goodbye to our manager Alan Jones and welcomed Saskia Ymker into the role. We thank Alan for all his contributions to Kites. It also has been a privilege to see Saskia grow into and succeed in this demanding new role and we commend her drive and vision. We have also recruited new Trustees who bring valuable perspectives and skills.



Externally, since July 2022 we have seen enormous change and challenges through the ongoing restructuring of the health system—nationally, regionally and locally—but with that have also come new opportunities and planned contracted projects that build on our record of successfully delivering peer-led services.

Kites Trust is in a good space with renewed energy and optimism for the future and our place in it. Our financial health is sound, and we will see increased revenue and stability once the development stages of the coming contracted initiatives are completed.

Kites Trust's development and growth of real peer-led initiatives has been recognised and respected for innovation, integrity and success since its origins in 2007.

I, like all our volunteers, staff and Board, have lived experience of mental distress and of recovery. My belief that consumer leadership is key to achieving social inclusion and improved mental health services fueled my dedication to setting up and leading consumer organisations to support greater participation and influence of people with lived experience in strategic and service development. Therefore, Kites Trust is dear to my heart.

None of our success would happen without our dedicated volunteers, staff and Board at the heart of Kites. I sincerely value and celebrate the skills, insight and wisdom that all our team brings, and I offer them my heartfelt thanks. My Board colleagues likewise have contributed hugely at strategic and governance levels as we support the work that the staff and volunteers do to improve the lives and recovery of our tangata whaiora.

Peter Barnett
Board Chair

GENERAL MANAGER'S REFLECTIONS



As an enthusiastic advocate for inclusive communities, I first got involved in peer support when I started working with, and supporting, young people through the Piki pilot in Wellington as a peer supporter. Since then, I discovered a real passion for this line of work and became an international Intentional Peer Support facilitator alongside facilitating other trainings that promote inclusivity, acceptance and understanding.

I want to see a world where lived-experience is valued as highly as formal education. My life and work focus on these missions, so it has been my great pleasure to take up the mantle of captaining the waka that is the esteemed Kites Trust in November 2022. I feel privileged to be leading Kites Trust at a crucial time in the Peer Support and Lived-Experience movement within Aotearoa, where policy makers have caught wind of the wonders that peer support can offer, and the importance of up-lifting lived-experience voices in the design and delivery of mental health services.

In the last year, we have grown our volunteer peer support model into a workforce pathway pilot. We secured short-term funds from the Wellington Community Fund to create paid mentor roles for our experienced peer supporters to step into. This is an opportunity for us to recognize and acknowledge their strengths, growth, and contribution as peer supporters.

We also piloted our highly successful Buddies model, in a new location—Tangaroa, the activity center for the Kenepuru hospital mental health wards. This pilot has been successfully running for the majority of this year.

Lastly, we have some exciting new projects on the horizon with some new contracts coming in from Te Whatu Ora, Health NZ - so watch this space!

It has been a privilege to stand on the shoulders of the Kites Trust's giants, current and past, and to offer my contribution moving forward. I am very excited about our future at Kites Trust. We have a strong tradition of being change-makers and leaders in the Peer social movement, and I plan to see that legacy prevail.

Saskia Ymker
General Manager

BUDDIES PEER SUPPORT SERVICE



IMPACT

Input

47 active Buddies volunteers
32 Buddies recruited and trained
693 hours volunteering
7 volunteer trainings delivered
49 hours of training in peer support

Outcomes

Tangata whaiora experiencing mental health distress felt valued, supported and more connected

Tangata whaiora had relief from mental health distress

The burden on overworked clinical staff was lessened

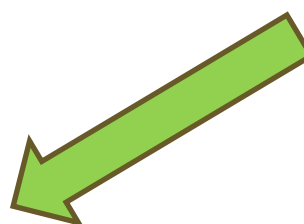
The quality of life of tangata whaiora in the acute-recovery units in Wellington/Hutt Valley and Kenepuru hospital was improved

Volunteers with lived experience of mental health distress built skills, confidence, strengthened their recovery and built a path to employment

Outputs

400 people received mental health peer support

1,333 meaningful peer support interactions delivered to people experiencing mental health distress



Impact

Improved wellbeing for tangata whaiora / people experiencing mental health distress



HIGHLIGHTS

Buddies Peer Support Mentors

This year, Kites Trust successfully obtained funding for a pilot project to upskill and hire experienced Buddies Peer Support Volunteers into paid Mentor roles. The Mentor roles allow experienced Buddies to pair with new Buddies Volunteers to support and coach them in their roles. This uplifts the confidence and competency of new volunteers by having an experienced peer support Mentor to guide them along the way, enabling them to be more effective peer support workers.

This pilot has been a great success throughout 2023. Buddies volunteers report feeling more competent and able to fulfill peer support roles with confidence. Buddies mentors also report feeling like their lived-experience and the skills they have learnt through volunteering are valued and that mentoring has given them the opportunity to grow even further. They also feel the experience of becoming a Buddies mentor is helpful as a pathway to employment.

New Pilot in Kenepuru Community Hospital

This year, Buddies peer support also started a new pilot project delivering volunteer-based peer support at Kenepuru Community Hospital in the Tangaroa Activity Centre. The pilot has successfully built momentum throughout the year and

peers at Kenepuru report having had meaningful and supportive conversations with the Buddies.

Ramping up outreach, networking and volunteer recruitment

During this period, Buddies Peer Support ramped up networking and outreach to build a volunteer service that is representative of tangata whai ora from all walks of life in the in-patient units at the hospitals.

Collaborations with Whitireia and creating a pathway to employment for people with lived-experience

Kites Trust continued its collaboration with Whitireia Polytech in providing a work placement for students completing their Level 4 Certificate in Health and Wellness: specializing in Peer Support.

Volunteering with Buddies Peer Support offers a safe place to build skills, re-engage with community, build networks and work experience in the caring industry or other sectors. This can serve as a valuable and vital pathway to employment for people with lived-experience.

During 2022-2023, many of the Buddies volunteers moved on to paid employment in social services or the caring industry while volunteering with Buddies Peer Support.

YOUTH PEER/THE PEER TREE SUPPORT SERVICE



IMPACTS

Input

11 active volunteers
13 Youth Peer volunteers recruited and trained
127 hours volunteering
68 social groups held

Outputs

207 participant interactions where young people received support

Outcomes

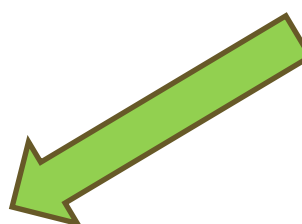
Young people experienced a supportive community of belonging where mental health is de-stigmatized

Young people experienced increased connection and support

Young people built skills navigating their mental wellbeing

Young people's quality of life improved

Volunteers with lived experience of mental health distress built skills, confidence and strengthened their recovery



Impact

Improved wellbeing for young people experiencing mental health distress



HIGHLIGHTS

This year, the Peer Tree rebranded to Youth Peer to better reflect its purpose building a community of young people supporting each other to navigate their mental wellbeing.

Toi Pōneke Arts Group

This year, Youth Peer started the successful Toi Pōneke Art Group at the Toi Pōneke Arts Centre where young people can interact together and support their mental wellbeing through art.



Work with Youthline

Youth Peer worked with Youthline to be part of Youthline's volunteer placement options for their youth development programme.

New Youth Peer mentee & mentors buddy system for volunteer group facilitators

Youth Peer has developed and implemented a mentoring buddy system for volunteer group facilitators where new facilitators are mentored and supervised by experienced group facilitators. This has been successful in increasing the confidence and skills of our youth social group facilitators.

Winning the Minister of Health Youth Health Volunteer Team Award

In 2022, Youth Peer won the Minister of Health Youth Health Volunteer Team Outstanding Achievement Award! We are proud of our volunteers and grateful for all the work they do to support young people's mental wellbeing.



VOLUNTEER JOURNEYS

Dominic

Buddies Peer Support Mentor

Dominic heard about Buddies Peer Support through Earthlink, where he was doing a work readiness programme. Dominic felt he wanted to do something in mental health and support others.

“Before being a Buddie, I was very closed off. Doing peer support with Buddies and supporting peers over time helped me find my voice”, says Dominic.

“It helped me find confidence in myself”.

Since Dominic has been volunteering with Buddies, others in his life have said he is more outgoing, communicative and willing to try new things.



“I can’t wait for the future”.

- Dominic

“I think Buddies is helpful because we can be there for someone who is maybe not having a great day. They have nobody on their side. We can be that for them”.

“A peer in the ward told me one day ‘I don’t know if I would have stuck around as long as I did without someone like you to help me out’”, says Dominic.

Dominic now has become a Buddies Mentor and is coaching new volunteers to support others on their recovery journey.

“I believe that this experience has changed my life so much. I feel that I have grown and I can’t wait for the future”.

Dominic now wants to do community projects that help people and is thinking of studying mental health.



Amaya

Buddies Peer Support volunteer

Buddies were a comfort for Amaya when she found herself in the acute-recovery ward at Hutt Valley hospital when she was going through a difficult time in her life. “If Buddies weren’t there, I wouldn’t have had anyone to talk to who understood what I was going through”, says Amaya. “It was helpful to have someone listen to me”. Getting support from the Buddies as a patient when she was going through a tough time got her interested in working in mental health and wanting to make a difference.

“I felt like I wasn’t being judged by the Buddies”, says Amaya.

Amaya thinks Buddies Peer Support is helpful because Buddies Volunteers encourage peers’ (patients’) personal interests and support their own choices and goals to move towards.

Buddies model the hope of recovery and foster a community where everyone can belong.

“Buddies are inspiring”, says Amaya.

Today, Amaya is a Buddies Peer Support Volunteer herself working out of Te Whare O Matairangi (Wellington) and Te Whare Ahuru (Hutt Valley). Thanks to her experience with Buddies, she became a support worker too.

“I know the Buddies programme is helpful because the peers I support at the ward often thank me and are happy to see us Buddies. I think the people we support really do understand the message of recovery and it means a lot to them”, says Amaya.

“I think the people we support really do understand the message of recovery and it means a lot to them”.

- Amaya

Tobias

Youth Peer Group Facilitator Volunteer

Tobias was in need of connection and support when struggling with his mental health when he found Kites Youth Peer.

“Being a participant in the Youth Peer social groups really supported and helped me so much”, says Tobias.

Later, Tobias stepped up to volunteer as one of the Youth Peer group facilitators.

He wanted to give back to his community that helped him and support other youth in turn.

“There’s something really powerful about taking one’s own experience of mental health distress and recovery and using it to help people”, says Tobias.

The experience shifted Tobias’ view of his own mental health journey and he now sees it as valuable experience.

“There’s something really powerful about taking one’s own experience of mental health distress and recovery and using it to help people”.
- Tobias

Tobias knows Youth Peer makes a difference in young people’s lives because “I have seen so many people who come to the group open up and thrive in that space”.

Tobias now works as the Volunteer and Community Engagement Coordinator at InsideOUT Kōaro working to make Aotearoa safer for all rainbow young people.



Simon

Buddies Peer Support Mentor

Simon joined Buddies as a volunteer because he wanted to make a difference and do something in mental health. “I wanted to do something worthwhile of my life”, says Simon.

Simon found that being a Buddies Peer Support Volunteer and supporting others really helped him on his own journey of recovery.

He gained confidence, skills and made friends along the way.

It became his community.

Simon knows the Buddies Peer Support programme is helpful to the tangata whaiora they are supporting because he can see how they cheer up their day and offer them someone they can confide in that is on the same level.

“They can see that it’s possible to recover and thrive and be ok”, says Simon.

Simon has been volunteering with Buddies for 6 years and is now a Peer Support Mentor with Buddies. “It’s one of the best things I’ve ever done!”, says Simon



“They can see that it’s possible to recover and thrive and be ok.”

- Simon



Jordan

Youth Peer Group Facilitator volunteer

Jordan joined the Kites Youth Peer Support programme as a youth group facilitator because she wanted to work with youth struggling with mental health and addiction.

Having hands-on experience delivering mental health peer support made her realize how valuable a non-clinical, relationship-based support service is.

“There’s no power differential in peer support”, says Jordan.

Jordan struggled with her own mental health in her teens and being a Youth Peer Support Volunteer helped her realize how far she’s come on her own recovery journey.

“Volunteering with Kites Youth Peer gave me a sense of confidence to be able to help others”, says Jordan.

Jordan knows the programme is making a difference because she sees the youth group participants build relationships with the facilitators and each other, gain confidence and open up about what they’re going through.

“It’s great to see when our young group participants feel comfortable and safe enough to come forward and ask for advice about what they’re going through”, says Jordan.

Jordan is studying mental health and wants to implement better mental health programmes in schools one day.

Vivienne

Buddies Peer Support volunteer

Buddies Peer Support volunteers were there for Vivienne when she found herself as a patient in the acute-recovery ward at Te Whare o Matairangi (Wellington Hospital).

She had become increasingly isolated at home and struggled with her mental health.

“I felt the Buddies understood where I came from and came from a common experience”, says Vivienne. “I felt like I was getting support from people who were my equals and didn’t have power over me”.

It was the beginning of the recovery journey for Vivienne.

She didn’t feel so isolated anymore with support from the Buddies.

“I realized I had value”, says Vivienne. The Buddies helped Vivienne speak out about her needs to clinical staff while in the ward.

“They helped me find my voice”.

Now Vivienne aims to become a support worker.

“I want to give back and I love supporting people”, says Vivienne.

She now volunteers as a Buddies Peer Support Volunteer at the acute-recovery ward, walking alongside and supporting people experiencing mental health distress.

“I realized I had value. They helped me find my voice.”
- Vivienne

“Buddies Peer Support helped me go from feeling shame about myself to realizing that my lived experience of mental health distress has value. I have a lot to offer people who are struggling.”



Hayden

Buddies Peer Support Volunteer

Hayden started volunteering with Buddies Peer Support as a way to strengthen his own recovery from mental health distress and social anxiety.

Volunteering as a peer support worker helped Hayden to learn to communicate with compassion and to get perspectives on other peoples' journeys.

"Relating to other people makes your own challenges seem surmountable", says Hayden.

"I believe in myself more".

Hayden thinks the Buddies Peer Support programme is helpful because it provides connection for tangata whai ora and an opportunity for them to focus on something else than what's troubling them.

Hayden is now finishing his electrician apprenticeship and plans to look for work.



ACKNOWLEDGING OUR VALUED SUPPORTERS

Te Whatu Ora

Health New Zealand

Capital, Coast and Hutt Valley



Te Tari Taiwhenua
Internal Affairs



Managed by Public Trust



APPENDIX: AUDITED FINANCIAL STATEMENTS



Kites Trust

Performance Report

For year ended 30 June 2023

Kites Trust

Performance Report

For the year ended 30 June 2023

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Entity Information

Kites Trust

For the year ended 30 June 2023

'Who are we?', 'Why do we exist?'

Legal Name of Entity

Kites Trust

Entity Type and Legal Basis

Kites Trust is a Registered Charity under the Charities Act 2005

Registration Number

CC10276

Entity's Purpose or Mission

Kites Trust advocates equal opportunities for, and consumer leadership by, people with mental distress and/or addiction issues. Our vision is equal citizenship for people who experience distress.

Entity Structure

Charitable Trust

Main Sources of Entity's Cash and Resources

Contracts with Capital and Coast District Health Board and Hutt District Health Board, and with funding applications.

Main Methods Used by Entity to Raise Funds

Contracts and funding applications.

Entity's Reliance on Volunteers and Donated Goods or Services

Kites Trust relies on volunteers for three services, Wellington Buddies, Hutt Valley Buddies and Youth Peer services. All volunteers are managed by

Additional Information

No additional information

Physical Address

Level 1 - Riddiford House, 94 Riddiford Street, Newtown, Wellington 6021

Postal Address

PO Box 7017 Newtown, Wellington 6242

Approval of Financial Report

Kites Trust

For the year ended 30 June 2023

The Trustees are pleased to present the approved financial report including the historical financial statements of Kites Trust for year ended 30 June 2023.

APPROVED

A handwritten signature in black ink, appearing to read "Peter A. Barnett". The signature is written in a cursive style with a large, looping initial 'P'.

Peter Barnett

Chairperson

Date 5/12/23

Statement of Service Performance

Kites Trust

For the year ended 30 June 2023

Description of Entity's Outcomes

Kites Trust has three strategic goals; to increase the influence and accountability of consumers in decision making positions, to increase the availability and effectiveness of peer support, and to eliminate stigma and discrimination. Our services are driven and evaluated by outcomes rather than outputs.

Outputs and other information

Buddies Peer Support are contracted by Te Whatu Ora (previously known as Hutt Valley DHB and Capital and Coast DHB) to provide volunteer peer support to Te Whare o Matairangi, the acute psychiatric ward at Wellington hospital and Te Whare Ahuru acute psychiatric ward at Hutt Valley hospital. Both of these contracts have been extended to 2024.

The Peer Tree -Kites youth services continue to deliver social interaction to young adults 18 - 24 years old. The service had difficulties during the year due to Covid 19 restrictions impacting on the service delivery. The funding for the Peer Tree was initially provided by charities including JR McKenzie Trust and from the Ministry of Social Development MSD"). Charity funding criteria has changed from continue to fund existing services to looking to fund new initiative ideas. Te Whatu Ora (previously known as Capital and Coast DHB) have now contracted the The Peer Tree until 2024.

The MSD funding has not yet been replaced so Kites have been under financial pressures and challengers to continue its services

Statement of Financial Performance

Kites Trust

For the year ended 30 June 2023

	Notes	2023	2022
Revenue			
Revenue from providing goods or services	1	396,254	256,779
Interest, dividends and other investment revenue	1	10,764	2,429
Total Revenue		407,018	259,208
Expenses			
Volunteer and employee related costs	2	283,891	203,827
Costs related to providing goods or service	2	55,183	59,523
Grants and donations made	2	-	359
Other expenses	2	5,345	9,882
Total Expenses		344,420	273,590
Surplus/(Deficit) for the Year		62,598	(14,383)

This statement should be read in conjunction with the notes to the financial statements

Statement of Financial Position

Kites Trust

As at 30 June 2023

	Notes	2023	2022
Assets			
Current Assets			
Bank accounts and cash	3	345,557	304,705
Debtors and prepayments	3	75,974	46,422
Total Current Assets		421,531	351,127
Non-Current Assets			
Property, Plant and Equipment	5	4,989	6,571
Investments	3	157,118	154,671
Total Non-Current Assets		162,107	161,242
Total Assets		583,639	512,369
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	39,092	30,422
Unused donations and grants with conditions	4	1,362	1,362
Total Current Liabilities		40,454	31,784
Total Liabilities		40,454	31,784
Total Assets less Total Liabilities (Net Assets)		543,184	480,585
Accumulated Funds			
Accumulated surpluses or (deficits)	6	218,184	155,586
Reserves	6	325,000	325,000
Total Accumulated Funds		543,184	480,586

This statement should be read in conjunction with the notes to the financial statements

Statement of Cash Flows

Kites Trust

For the year ended 30 June 2023

	2023	2022
Cash Flows from Operating Activities		
Receipts from providing goods or services	378,752	256,779
Interest, dividends and other investment receipts	7,644	2,429
GST	480	(3,159)
Payments to suppliers and employees	(343,576)	(286,973)
Donations or grants paid	-	(13,081)
Total Cash Flows from Operating Activities	43,300	(44,006)
Cash Flows from Investing and Financing Activities		
Funds re-invested in term deposits	(2,447)	(1,148)
Total Cash Flows from Investing and Financing Activities	(2,447)	(1,148)
Net Increase/(Decrease) in Cash	40,852	(45,154)
Bank Accounts and Cash		
Opening cash	304,705	349,858
Closing cash	345,557	304,705
Net change in cash for period	40,852	(45,154)

This statement should be read in conjunction with the notes to the financial statements

Statement of Accounting Policies

Kites Trust

For the year ended 30 June 2023

'How did we do our accounting?'

Basis of Preparation

The entity has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of goods and services tax (GST) except for accounts payable and accounts receivable which are stated inclusive of GST.

Income Tax

Kites Trust is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

Grant and contract income

Where grants have been received to cover expenses in future years, the unapplied portion is retained to cover the future expenses or capital expenditure and is credited to income over the relevant future period or refunded back to the provider of the grant if not required in respect to the conditions of the grant.

Property, plant and equipment and depreciation

Items of property, plant and equipment are measured at cost less accumulated depreciation and impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset.

Depreciation rates applied are as follows:

Motor vehicles 12% DV

Furniture & Fittings 10% - 30% DV

Office Equipment 10% - 30% DV

Changes in Accounting Policies and Comparisons

Some of the expenses reported in the 30 June 2022 financial statements have been reclassified to provide better disclosure of operating expenses in the statement of financial performance. There have been no other changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

Notes to the Performance Report

Kites Trust

For the year ended 30 June 2023

	2023	2022
1. Analysis of Revenue		
Revenue from providing goods or services		
CCDHB Buddies	250,784	134,875
Contracts	24,180	22,840
Grants	11,610	-
HVDHB Buddies	105,179	97,064
Other Income	4,500	2,000
Total Revenue from providing goods or services	396,254	256,779
Interest, dividends and other investment revenue		
Interest Income	10,764	2,429
Total Interest, dividends and other investment revenue	10,764	2,429
	2023	2022

2. Analysis of Expenses

Volunteer and employee related costs

Buddies Supervision	3,981	4,344
Buddies Training Costs	5,742	698
Kiwisaver Employer Deductions	7,908	4,149
Recruitment	472	569
Staff Training & supervision	4,492	-
Sub Contractors	3,811	3,618
Wages & Salaries	257,484	190,448
Total Volunteer and employee related costs	283,891	203,827

Costs related to providing goods or services

Buddies Events	993	1,301
Buddies General Expense	655	970
Buddies Travel	1,966	3,415
Buddies Visits	816	1,744
Computer Expenses	270	3,335
Insurance	2,422	2,306
Low value office equipment	1,546	-
Meeting Expenses	287	28
Postage & Couriers	215	187
Print / Stationery / Copying	4,754	3,948
Rent	27,391	28,915
Repairs & Maintenance	276	370
Subs & Membership	2,627	874
Sundry & Office Maint Expenses	109	428
Telecommunications	7,735	6,195
Travel (local)	496	214
Youth Peer Support Expenses	2,623	5,292
Total Costs related to providing goods or services	55,183	59,523

Grants and donations made

Med Student Training	-	359
Total Grants and donations made	-	359

	2023	2022
Other expenses		
Audit Fees	3,500	7,000
Bank Fees & Interest	262	189
Depreciation	1,583	2,693
Total Other expenses	5,345	9,882

	2023	2022
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3. Analysis of Assets

Current assets

Bank accounts and cash

Buddies Bank Account	546	237
Cheque Account	52,954	17,244
On Call Account	291,665	287,072
Youth Peer Support Eftpos	393	151
Total Bank accounts and cash	345,557	304,705

Debtors and prepayments

Accounts Receivable	69,588	45,560
Accrued Interest	3,960	840
Prepayment & Other current Assets	2,426	22
Total Debtors and prepayments	75,974	46,422

Non Current assets

Investments

Term Deposits	157,118	154,671
Total Investments	157,118	154,671

	2023	2022
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4. Analysis of Liabilities

Creditors and accrued expenses

Accrued Expenses	3,500	3,500
GST	9,720	6,614
Kites Trust - Alan Credit Card	1,048	236
Provision for Fees & Other Liabilities	(236)	(236)
Provision for Holiday Pay	8,664	15,300
Provsions for Employee Kiwisaver	301	-
Trade Creditors	5,820	1,919
Wages Due Year End	10,277	3,088
Total Creditors and accrued expenses	39,092	30,422

Unused donations and grants with conditions

Balance Funds Held	1,362	1,362
Total Unused donations and grants with conditions	1,362	1,362

5. Property, Plant and Equipment

2023

Asset Class	Opening Carrying Amount	Purchases	Sales/Disposals	Current Year Depreciation and Impairment	Closing Carrying Amount
Motor Vehicles	1,670	-		200	1,470
Furniture and fixtures	2,277	-		242	2,035
Office equipment	2,624	-		1,140	1,484
Total	6,571	-		1,582	4,989

2022

Asset Class	Opening Carrying Amount	Purchases	Sales/Disposals	Last Year Depreciation and Impairment	Closing Carrying Amount
Motor Vehicles	1,898	-		228	1,670
Furniture and fixtures	2,549	-		272	2,277
Office equipment	4,817			2,193	2,624
Total	9,264			2,693	6,571

6. Accumulated Funds

2023

2022

Accumulated Funds

Opening Balance	480,586	494,710
Accumulated surpluses or (deficits)	62,598	(14,124)
Total Accumulated Funds	543,184	480,586

7. Breakdown of Reserves

2023

2022

Reserves

Lease Contingency Reserves	125,000	125,000
Operating Reserves	150,000	150,000
Redundancy Reserves	50,000	50,000
Total Reserves	325,000	325,000

8. Commitments

2023

2022

Commitments to lease or rent assets

Lease on photocopier due in less than 12 months	2,486	3,308
Lease on photocopier due in more than 12 months	4,660	156
Total	7,146	3,464

Lease on office premise due in less than 12 months	25,238	27,391
Lease on office premise due in more than 12 months	44,167	675
Total	69,405	28,066

Total Commitments to lease or rent assets	76,551	31,530
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10. Related Parties

There were no transactions involving related parties during the financial year. Last year: nil

12. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.

INDEPENDENT AUDITOR'S REPORT

To the Trustees of Kites Trust

Report on the Performance Report

Opinion

We have audited the performance report of Kites Trust which comprises the entity information, the statement of service performance, the statement of financial performance and statement of cash flows for the year ended 30 June 2023, the statement of financial position as at 30 June 2023, and the statement of accounting policies and other explanatory information.

In our opinion:

- (a) the reported outcomes and outputs, and quantification of the outputs to the extent practicable, in the statement of service performance are suitable;
- (b) the accompanying performance report presents fairly, in all material respects:
 - the entity information for the year then ended;
 - the service performance for the year then ended; and
 - the financial position of Kites Trust as at 30 June 2023, and of its financial performance, and cash flows for the year then ended

in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) issued by the New Zealand Accounting Standards Board.

Basis for Opinion

We conducted our audit of the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report in accordance with International Standards on Auditing (New Zealand) (ISAs (NZ)), and the audit of the entity information and statement of service performance in accordance with the International Standard on Assurance Engagements (New Zealand) ISAE (NZ) 3000 (Revised). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Performance Report section of our report. We are independent of Kites Trust in accordance with Professional and Ethical Standard 1 (Revised) Code of Ethics for Assurance Practitioners issued by the New Zealand Auditing and Assurance Standards Board, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other than our capacity as auditors we have no relationship with, or interests in the Kites Trust.

Responsibilities of the Trustees for the Performance Report

The Trustees are responsible for:

- (a) Identifying outcomes and outputs, and quantifying the outputs to the extent practicable, that are relevant, reliable, comparable and understandable, to report in the statement of service performance;
- (b) the preparation and fair presentation of the performance report on behalf of the entity which comprises:

- the entity information;
- the statement of service performance; and
- the statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report

in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) issued by the New Zealand Accounting Standards Board, and

- (c) such internal control as the Trustees determine is necessary to enable the preparation of the performance report that is free from material misstatement, whether due to fraud or error.

In preparing the performance report, the Trustees are responsible on behalf of the Kites Trust for assessing the entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Kites Trust or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Performance Report

Our objectives are to obtain reasonable assurance about whether the performance report is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this performance report.

A further description of our responsibilities for the audit of this performance report is located at the External Reporting Board (XRB) website at:

https://www.xrb.govt.nz/Site/Auditing_Assurance_Standards/Current_Standards/

This description forms part of our Independent Auditor's Report.

Crambo & Associates

Chartered Accountants
Lower Hutt

5 December 2023