

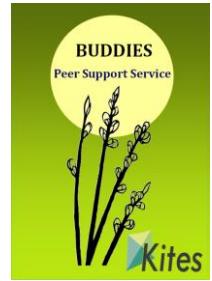


Valuing, respecting and utilising people's

mental health experiences

Ka wāriu ka whakaute a ka whakapau e

ngā wheako mate a hinengaro o ngā tangata



KITES TRUST ANNUAL REPORT

JUNE 2021 – JULY 2022

The June 2021-July 2022 year has been an interesting and challenging year at Kites Trust that has seen at once growth and disruptions for both the Buddies Peer Support Service and the Peer Tree youth peer support service.

Acknowledgements and New faces at Kites

In April 2021, Helen Anderson moved on from the Buddies Peer Support Coordinator role. Cat Webb moved on from the Peer Tree Coordinator role in November 2021. Kites thanks Helen and Cat for everything they have brought to their roles and their contribution to the peer support movement and wishes them the best.

In January 2022, Kites Trust welcomed Charlie Miller who joined the Buddies Peer Support Service team as a Coordinator. Kites also welcome Georgia Collins in May 2022 as the new Peer Tree Coordinator. Kites is thrilled to have Charlie and Georgia on board. They have brought new life, ideas and capabilities to the services.

BUDDIES PEER SUPPORT SERVICE

The Buddies Peer Support Service and the Peer Tree youth peer support at Kites Trust extend peer support to tangata whai ora to de-stigmatize mental health, create a community of belonging where lived experience of mental health is valued, respected and utilized and to foster equal citizenship rights for people with lived experience of mental health and/or addiction or living with a mental health diagnosis.

Buddies Peer Support volunteers walk alongside and extend peer support to tangata whai ora at the in-patient units at Te Whare Ahuru (Hutt Valley hospital) and Te Whare o Matairangi (Wellington hospital).

Navigating disruptions

The Buddies Peer Support Service weathered a number of disruptions during this period due to rapidly changing Covid-19 health guidelines and restrictions and at times has had to adapt its service delivery to the circumstances.

Indeed, peer support visits to in-patient units were put on hold for about one month in late August 2021 due to both hospitals going on lockdown for Covid-19. There was also an outbreak of gastro at Te Whare o Matairangi during this period. The service was also put on hold in March 2022 in Wellington and March-April 2022 in Lower Hutt due to the Omicron outbreak. At other times throughout the pandemic, Buddies Peer Support continued to operate successfully out of the hospitals with the requirement to wear a mask while in the ward. As mental health volunteers working in a hospital setting with vulnerable peers, Buddies peer support volunteers were called to put their comfort aside to keep peers safe from Covid-19 by wearing surgical masks at all times while on the ward. Additionally, during the Omicron outbreak in March-May 2022, Buddies volunteers now wore N95 masks and were mask fitted to do so at Wellington hospital. Kites Trust worked behind the scenes in relationship building with Wellington hospital and CCDHB staff to advocate for the Buddies to be considered essential workers that would be allowed on the ward and be mask fitted with an N95 mask. As for the Hutt Valley hospital, Buddies volunteers were not allowed in during the Omicron peak due to circumstances there.

The Lower Hutt service fortunately resumed in May 2022. The Buddies Peer Support Service also adapted to Covid-19 circumstances at various times by delivering group supervision by Zoom instead of in-person. Buddies Peer Support coordinators worked throughout these disruptions to support volunteers and maintain engagement with them.

Ramping up outreach, networking and volunteer recruitment

During this calendar year, Buddies Peer Support ramped up networking and outreach. The intention was to build word-of-mouth referrals of people with lived experience wishing to volunteer who may not go to an online volunteer listing on Volunteer Wellington to find volunteering roles. The desire is to build a volunteer service that is representative of tangata whai ora from all walks of life in the in-patient units at the hospitals.

Buddies Peer Support delivered a presentation about peer support to social service organizations at a workshop organized by Volunteer Wellington. Coordinators presented twice at year to mental health nurse students at Whitireia Polytech to raise awareness about peer support and the benefit of clinical practitioners partnering with peer support to support tangata whai ora in their wellness. Buddies Peer Support participated in a consultation by the Mental Health, Addiction & Intellectual Disability Service for the Wairarapa, Hutt Valley and Capital & Coast District Health Boards on developing an integrated locality-based community mental health and addiction service hub in Porirua. Both Buddies and the Peer Tree presented to Maori Ora, the wellness and counselling team at Victoria University of Wellington on opportunities for students with lived experience to build skills by volunteering at Kites. Organizations that Buddies Peer Support networked with during this period included: Internal Affairs, MSD, Oasis, Workbridge, Workwise, Community Connections, Manawera Houra (Victoria University), The Remakery, Salvation Army, Wellington City Mission, Mix, Oasis and others.

As a result, a number of current volunteers were referred to Buddies from community agencies from those efforts.

Buddies Peer Support held successful recruitment drives during this period and in particular the Wellington service has growth to over 20 volunteers.

During this year, Kites Trust was pleased to welcome new Buddies Peer Support volunteers: Joe, Jack, Bree, Brendon, Sophie, Catherine, Meg, Natalie, Hayden, Kekona, Victor, Georgia, Tae, Romeo, Kahlia and Josh.



Collaborations with Whitireia and acting as a pathway to employment for people with lived experience

Kites Trust continued its collaboration with Whitireia Polytech in acting as a practicum placement for students completing their Level 4 paper in Health and Wellness: Peer Support certificate. Volunteering with Buddies Peer Support can serve in many ways as a pathway to employment for people with lived experience as it offers a safe place to build skills, re-engage with community, build networks and build experience for work in the caring industry or other sectors.

During this period, many of the Buddies volunteers moved on to paid employment in social services or the caring industry while volunteering with Buddies Peer Support.

Process improvements

The Buddies Peer Support Service implemented a number of process improvements including streamlining the travel reimbursement and also recruitment processes.

Contract renewal

The CCDHB renewed the contribution agreement for the Buddies Peer Support Service until 2024.

Service development

Kites Trust has applied to Wellington Community Fund for funding to for paid Buddies Peer Support mentor roles within the peer support service to support and train junior Buddies volunteers and to ensure greater reliability and consistency of the Buddies peer support volunteer team capacity.

Winning the Minister of Health Award in 2021

In June 2021, Buddies Peer Support Service volunteers won the Minister of Health Volunteer Team of the Year Award for their work supporting the wellness of tangata whai ora. Buddies volunteers have continued to walk alongside tangata whai ora and extend peer support and compassion even during challenging pandemic times. We are grateful to our volunteer for everything that they do!

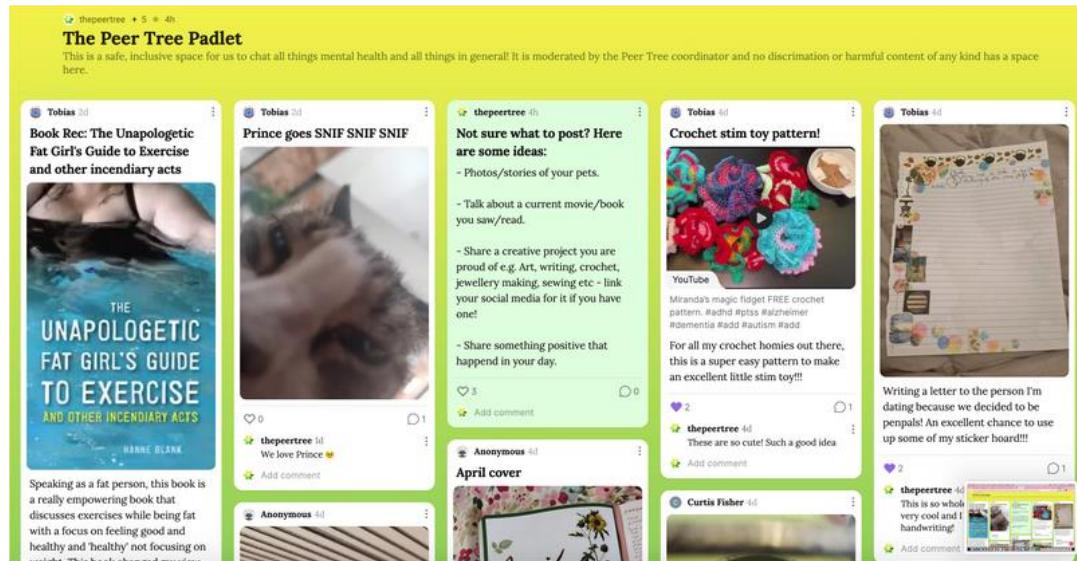


THE PEER TREE YOUTH PEER SUPPORT

The Peer Tree is a community of young adults that are helping one another navigate their mental wellbeing through peer support extended during social support groups and skill-building workshops.

Adapting service delivery to Covid-19

The Peer Tree adapted their service to Covid-19 by suspending their in-person social group and holding instead online Zoom catchups. They were successful in leveraging technology to engage and reach out to community members that were very isolated and would not usually come out to an in-person event. They also created a community of belonging online and safe online space on Tablet where everyone can engage and stay in touch during the pandemic and support their wellness. In this way, the Peer Tree widened their outreach by leveraging online tools. The Peer Tree resume in-person social groups in May 2022.



Re-engaging Peer Tree participants and new initiatives

The Peer Tree youth peer support service worked hard post-Covid-19 to re-engage Peer Tree participants and to rebuild a volunteer base that might have lost engagement during Covid-19 restrictions.

The CBD coffee group restarted in June 2022. There was a successful volunteer recruitment drive and training which added 6 group facilitators to the volunteer team. The Peer Tree was pleased to welcome during this period new volunteers Aria, Kekona, Meg, Min, Niky and Zara to the team.

The Peer Tree continued an online catchup group option post Covid-19 to people who present connecting in an online space.

The Peer Tree acknowledges and is grateful to Curtis and Sofia for stepping up during this year to keep the Peer Tree running during the staffing transition.

Collaborations and service development

During this year, the Peer Tree started collaborating with Youthline to offer an opportunity to their own volunteers to further develop their leadership and facilitation skills by serving as group facilitators with the Peer Tree as part of their youth development program. Further collaborations with Youthline are ongoing to share knowledge and resources between the programs.

The Peer Tree also started collaborating with Whitireia Polytech to set up an in-person peer support youth group for students at Whitireia campus in Porirua.

The Peer Tree started talks with Zeal Wellington, a youth organisation providing safe, inclusive local and online spaces and a community of belonging for young people, to join up with their Rainbow Group and also to provide an opportunity for their participants who age out of their program to continue receiving peer support with Peer Tree (Zeal's age group is 10-18 years of age only).

Contract renewal

Kites Trust successfully obtained a contract with the DHB to continue the Peer Support youth peer support service until 2024.

Winning the Minister of Health Outstanding Achievement for Youth Health Volunteer Team Award

In June 2022, the Peer Tree youth peer support service volunteers won the Minister of Health Outstanding Achievement for Youth Health Volunteer Team Award for their work supporting youth. The Peer Tree volunteers have continued to extend peer support and build a community of belonging where their lived experience is valued and de-stigmatized even during challenging pandemic times. Thank you volunteers!!!



**Kites Trust
Performance Report
For year ended 30 June 2022**

Kites Trust
For the year ended 30 June 2022

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Entity Information

Kites Trust

For the year ended 30 June 2022

Legal Name of Entity

Kites Trust

Entity Type and Legal Basis

Kites Trust is a Registered Charity under the Charities Act 2005

Registration Number

CC10276

Entity's Purpose or Mission

Kites Trust advocates equal opportunities for, and consumer leadership by, people with mental distress and/or addiction issues. Our vision is equal citizenship for people who experience distress.

Entity Structure

Charitable Trust

Main Sources of Entity's Cash and Resources

Contracts with Capital and Coast District Health Board and Health Promotion Agency, and with funding applications.

Main Methods Used by Entity to Raise Funds

Contracts and funding applications.

Entity's Reliance on Volunteers and Donated Goods or Services

Kites Trust relies on volunteers for three services Wellington Buddies, Hutt Valley Buddies and Peertree youth services. All volunteers are managed by Coordinators.

Physical Address

Level 1 - 94 Riddiford House, Riddiford Street, Newtown, Wellington

Postal Address

PO Box 7017 Newtown, Wellington 6242.

Approval of Financial Report

Kites Trust

For the year ended 30 June 2022

The Trust Board are pleased to present the approved financial report including the historical financial statements of Kites Trust for year ended 30 June 2022.



A handwritten signature in blue ink, appearing to read "Peter Barnett", is written over a blue oval. Below the oval, the word "APPROVED" is printed in a small, sans-serif font.

Peter Barnett

Chairperson

Date 5/4/23

Statement of Service Performance

Kites Trust

For the year ended 30 June 2022

Description of Entity's Outcomes

Kites Trust has three strategic goals; to increase the influence and accountability of consumers in decision making positions, to increase the availability and effectiveness of peer support, and to eliminate stigma and discrimination. Our services are driven and evaluated by outcomes rather than outputs.

Outputs and other information

Buddies Peer Support are contracted by Hutt Valley DHB and Capital and Coast DHB to provide volunteer peer support to Te Whare o Matairangi, the acute psychiatric ward at Wellington hospital and Te Whare Ahuru acute psychiatric ward at Hutt Valley hospital. Both of these contracts have been extended to 2024.

The Peer Tree -Kites youth services continue to deliver social interaction to young adults 18 - 24 years old. The service had difficulties during the year due to Covid 19 restrictions impacting on the service delivery. The funding for the Peer Tree has been provided by charities including JR McKenzie Trust and from the Ministry of Social Development MSD"). Charity funding criteria has changed from continue to fund existing services to looking to fund new initiative ideas. Capital and Coast DHB have now contracted the The Peer Tree until 2024.

The MSD funding has not yet been replaced so Kites have been under financial pressures and challenges to continue its services.

Statement of Financial Performance

Kites Trust
For the year ended 30 June 2022

	Notes	2022	2021
Revenue			
Revenue from providing goods or services	1	256,779	290,751
Interest, dividends and other investment revenue	1	2,429	2,471
Total Revenue		<u>259,208</u>	<u>293,221</u>
Expenses			
Volunteer and employee related costs	2	203,827	246,819
Costs related to providing goods or service	2	17,516	16,011
Grants and donations made	2	13,081	41,575
Other expenses	2	39,167	37,685
Total Expenses		<u>273,591</u>	<u>342,090</u>
Surplus/(Deficit) for the Year		<u>(14,383)</u>	<u>(48,869)</u>

This statement should be read in conjunction with the notes to the financial statements

Statement of Financial Position

Kites Trust

As at 30 June 2022

	Notes	2022	2021
Assets			
Current Assets			
Bank accounts and cash	3	304,705	349,858
Debtors and prepayments	3	46,423	20,409
Total Current Assets		<u><u>351,128</u></u>	<u><u>370,267</u></u>
Non-Current Assets			
Property, Plant and Equipment	5	6,571	9,264
Investments	3	154,671	153,523
Total Non-Current Assets		<u><u>161,242</u></u>	<u><u>162,787</u></u>
Total Assets		512,370	533,054
Liabilities			
Current Liabilities			
Creditors and accrued expenses	4	30,422	36,723
Unused donations and grants with conditions	4	1,362	1,362
Total Current Liabilities		<u><u>31,784</u></u>	<u><u>38,085</u></u>
Total Liabilities		31,784	38,085
Total Assets less Total Liabilities (Net Assets)		<u><u>480,586</u></u>	<u><u>494,969</u></u>
Accumulated Funds			
Accumulated surpluses or (deficits)	6	155,586	169,969
Reserves	6	325,000	325,000
Total Accumulated Funds		<u><u>480,586</u></u>	<u><u>494,969</u></u>

This statement should be read in conjunction with the notes to the financial statements

Statement of Cash Flows

Kites Trust

For the year ended 30 June 2022

	2022	2021
Cash Flows from Operating Activities		
Receipts from providing goods or services	256,779	308,054
Interest, dividends and other investment receipts	2,429	4,488
GST	(3,159)	(739)
Payments to suppliers and employees	(286,973)	(298,146)
Donations or grants paid	(13,081)	(41,575)
Total Cash Flows from Operating Activities	(44,006)	(27,918)
Cash Flows from Investing and Financing Activities		
Fund re invested in term deposits	(1,148)	(4,300)
Total Cash Flows from Investing and Financing Activities	(1,148)	(4,300)
Net Increase/ (Decrease) in Cash	(45,154)	(32,218)
Cash Balances		
Cash and cash equivalents at beginning of period	349,857	382,075
Cash and cash equivalents at end of period	304,703	349,857
Net change in cash for period	(45,154)	(32,218)

This statement should be read in conjunction with the notes to the financial statements

Statement of Accounting Policies

Kites Trust

For the year ended 30 June 2022

Basis of Preparation

The entity has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

Measurement Base

The general accounting policies recognised as appropriate for the measurement of results, and financial position have been followed in the preparation of these financial statements with the exception of certain items for which particular accounting policies have been identified. The measurement base adopted is historical cost.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of goods and services tax (GST) except for accounts payable and accounts receivable which are stated inclusive of GST.

Income Tax

Kites Trust is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

Grant and contract income

Where grants have been received to cover expenses in future years, the unapplied portion is retained to cover the future expenses or capital expenditure and is credited to income over the relevant future period or refunded back to the provider of the grant if not required in respect to the conditions of the grant.

Property, plant and equipment and depreciation

Items of property, plant and equipment are measured at cost less accumulated depreciation and impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset. Depreciation rates applied are as follows:

Motor vehicles 12% DV

Furniture & Fittings 10% - 30% DV

Office Equipment 10% - 30% DV

Changes in Accounting Policies

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

Notes to the Performance Report

Kites Trust

For the year ended 30 June 2022

	2022	2021
1. Analysis of Revenue		
Revenue from providing goods or services		
CCDHB Buddies	134,875	124,259
Contracts	22,840	79,063
HVDHB Buddies	97,064	87,428
Other Income	2,000	-
Total Revenue from providing goods or services	<u>256,779</u>	<u>290,751</u>
Interest, dividends and other investment revenue		
Interest Income	2,429	2,471
Total Interest, dividends and other investment revenue	<u>2,429</u>	<u>2,471</u>
2. Analysis of Expenses		
Volunteer and employee related costs		
Buddies Supervision	4,344	3,990
Buddies Training Costs	698	1,077
KS employer Deductions	4,149	6,210
Recruitment	569	
Staff Training & supervision	0	564
Sub Contractors	3,618	9,780
Wages & Salaries	190,448	225,198
Total Volunteer and employee related costs	<u>203,827</u>	<u>246,819</u>
Costs related to providing goods or services		
Computer Expenses	3,335	2,411
Insurance	2,306	-
Koha/Donations	-	320
Meeting Expenses	28	640
Postage & Couriers	187	-
Print / Stationery / Copying	3,948	4,432
Subs & Membership	874	891
Sundry & Office Maint Expenses	428	523
Telecommunications	6,195	6,677
Travel (local)	214	117
Total Costs related to providing goods or services	<u>17,516</u>	<u>16,011</u>
Grants and donations made		
Buddies Reimbursement	5,159	4,941
Buddies Events	1,301	1,144
Buddies General Expense	970	1,918
HPA Police	-	43
Med Student Training	359	11,265
Police Project UO	-	11,877
Speak Our Minds Training	-	89
Youth Peer Support Expenses	5,292	10,298
Total Grants and donations made	<u>13,081</u>	<u>41,575</u>

	2022	2021
Other expenses		
Audit Fees	7,000	3,500
Bank Fees & Interest	189	202
Depreciation	2,693	5,142
Power	-	17
Rent	28,915	28,313
Repairs & Maintenance	370	511
Total Other expenses	<u>39,167</u>	<u>37,685</u>

3. Analysis of Assets

Bank accounts and cash		
Buddies Bank Account	237	242
Cheque Account	17,244	47,709
On Call Account	287,072	301,634
Youth Peer Support Eftpos	151	273
Total Bank accounts and cash	<u>304,705</u>	<u>349,858</u>
Debtors and prepayments		
Accounts Receivable	45,583	20,401
Accrued Interest	840	8
Total Debtors and prepayments	<u>46,423</u>	<u>20,409</u>
Investments		
Term Deposits	154,671	153,523
Total Investments	<u>154,671</u>	<u>153,523</u>

4. Analysis of Liabilities

Creditors and accrued expenses		
Accrued Expenses	3,500	3,500
GST	6,614	4,652
PAYE Tax Payable	0	7,521
Provision for Holiday Pay	15,300	12,758
Trade Creditors	1,919	895
Wages Due Year End	3,088	7,398
Total Creditors and accrued expenses	<u>30,422</u>	<u>36,723</u>
Unused donations and grants with conditions		
Balance Funds Held	1,362	1,362
Total Unused donations and grants with conditions	<u>1,362</u>	<u>1,362</u>

5. Property, Plant and Equipment

This Year

Asset Class	Opening	Purchases	Sales/Disposals	Current	Closing
Motor Vehicles	1,898	-	-	228	1,670
Furniture and fixtures	2,549	-	-	272	2,277
Office equipment	4,817	-	-	2,193	2,624
Total	<u>9,264</u>	<u>-</u>	<u>-</u>	<u>2,693</u>	<u>6,571</u>

Last Year

Asset Class	Opening	Purchases	Sales/Disposals	Current	Closing
Motor Vehicles	2,157	-	-	259	1,898
Furniture and fixtures	2,855	-	-	306	2,549
Office equipment	9,034	-	-	4,217	4,817
Website	360	-	-	360	-
Total	<u>14,406</u>	<u>-</u>	<u>-</u>	<u>5,142</u>	<u>9,264</u>

6. Accumulated Funds

Accumulated Funds

	2022	2021
Opening Balance	494,969	543,838
Accumulated surpluses or (deficits)	(14,383)	(48,869)
Total Accumulated Funds	<u>480,586</u>	<u>494,969</u>

7. Breakdown of Reserves

	2022	2021
Reserves		
Lease Contingency Reserves	125,000	125,000
Operating Reserves	150,000	150,000
Redundancy Reserves	50,000	50,000
Total Reserves	<u>325,000</u>	<u>325,000</u>

8. Commitments**2022 Commitments**

Photocopier lease
Riddiford House Sublease

	Current	Term	Total
	3,308	6,615	9,923
	-	-	-
	3,308	6,615	9,923

Currently the sublease for Riddiford House is being renegotiated. Kite is currently paying rent on a month to month basis.

2021 Commitments

Photocopier lease
Riddiford House Sublease

	Current	Term	Total
	1,533	1,533	1,533
	19,975	39,950	79,900
	21,508	41,483	81,433

9. Contingent Liabilities and Guarantees

There are no contingent liabilities or guarantees as at 30 June 2022 (Last year - nil).

10. Assets Held on Behalf of Others

Kites is holding \$1,362 for Balance group. These funds are to enable the group to hold regular meetings. No meetings were held in the 2021-22 year and as a consequence there were no calls on the fund.

11. Related Parties

There were no transactions involving related parties during the financial year. (Last year - nil)

12. Events After the Balance Date

There were no events that have occurred after the balance date that would have a material impact on the Performance Report (Last year - nil).

13. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.